

glister™
ORAL CARE SYSTEM



HEALTHY SMILE. HAPPIER YOU.



glister™
ORAL CARE SYSTEM

Content

- Understand the Oral Habit & the Causes
- Importance of Dental & Oral Health
- Daily Routine 123
- Benefits of GLISTER



WITH
PLANT-BASED
GOODNESS™



Did You Know ...



WITH  **PLANT-BASED
GOODNESS™**

glister™ ORAL CARE SYSTEM



3.5 billion people
suffering from oral
diseases



796 million people
are affected by gum
disease



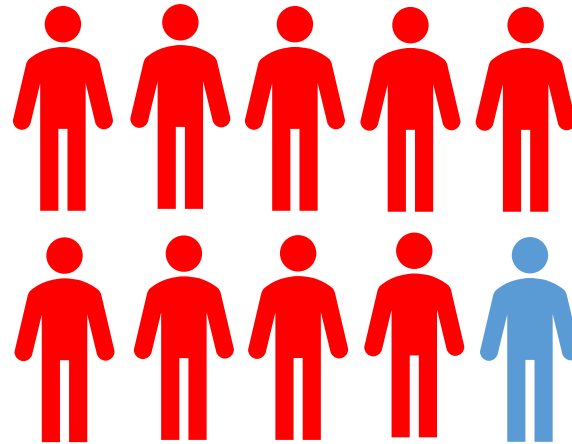
Dental cavities in permanent
teeth affecting **2.3 billion**
globally



An estimated **75%** Malaysian are unaware of the need for oral health



9 out of 10 adults suffer from dental cavities



9 out of 10 adults have gum disease

7.3% of Malaysian adults have lost their teeth



Oral Habits



Poor Brushing Habits



Snacking On Sugary Foods



**Smoking/
Tobacco Use**

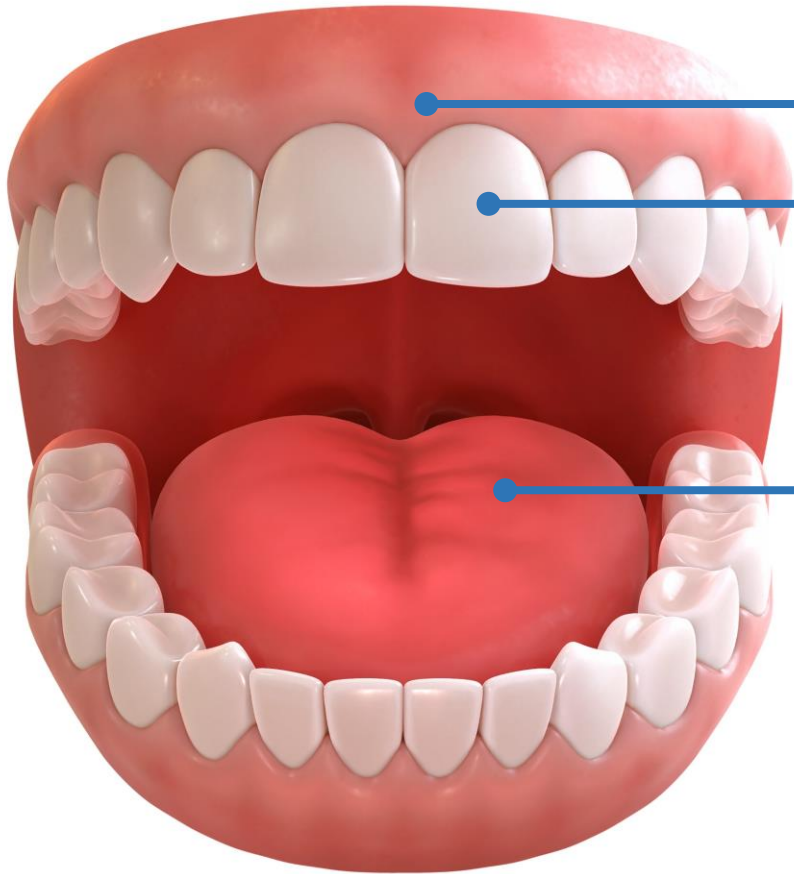


**Cold/ Soft
Drinks**



Bad Lifestyle Habits

What's Behind Your Smile/ Oral Structures



Gum

- Pink means healthy.
- Surround your teeth to help hold them in place.

Teeth

- Cutting and crushing food for swallowing and digesting.

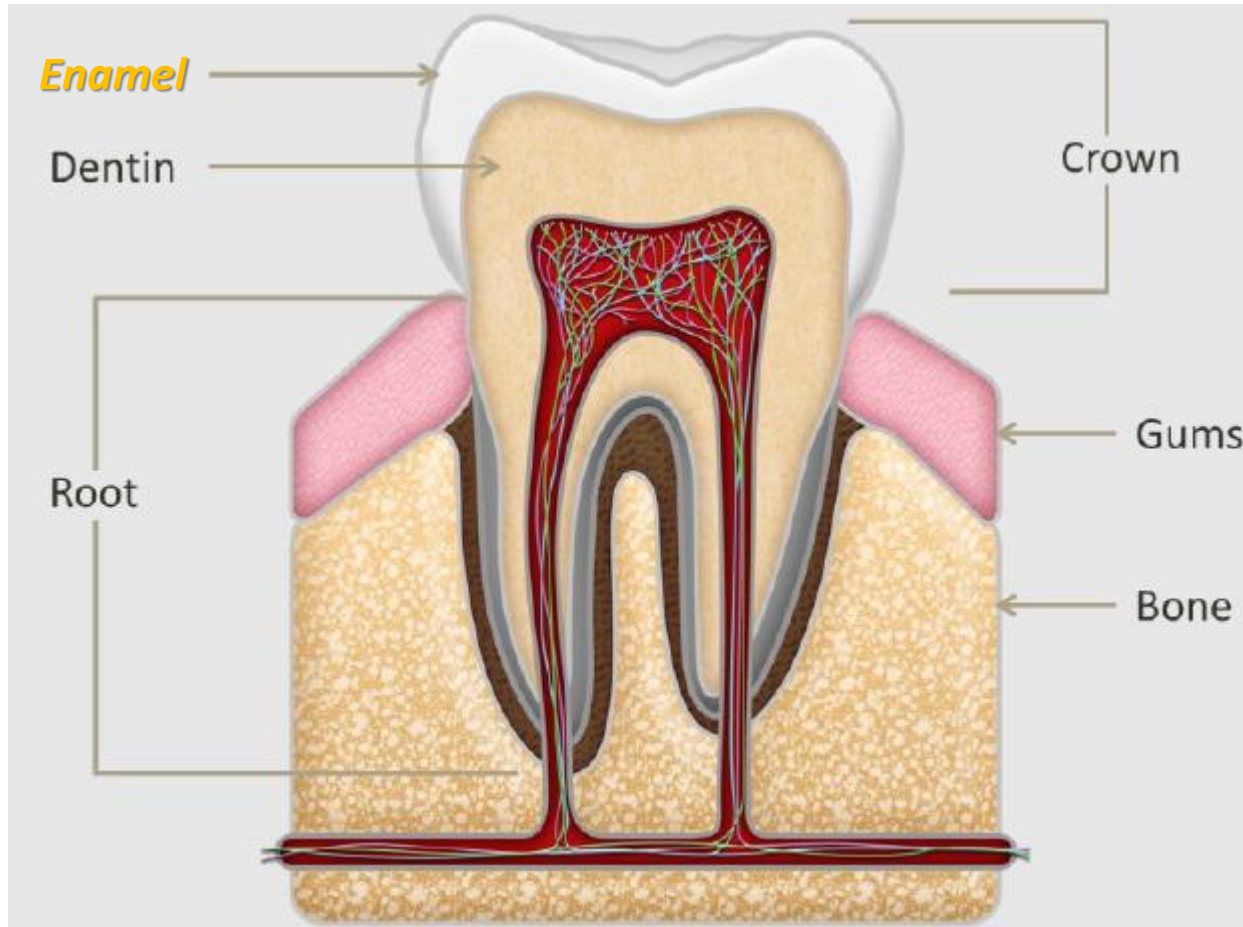
Tongue

- It helps to taste, speak and swallow.

WITH 
PLANT-BASED
GOODNESS™

 ORAL CARE SYSTEM

Facts About Teeth



- The **enamel** is the **hardest part** of your entire body.
- Humans only have **2 sets of teeth** to last them their entire lifetime.
- Your teeth are as **unique as your fingerprint**, no two sets are the same.

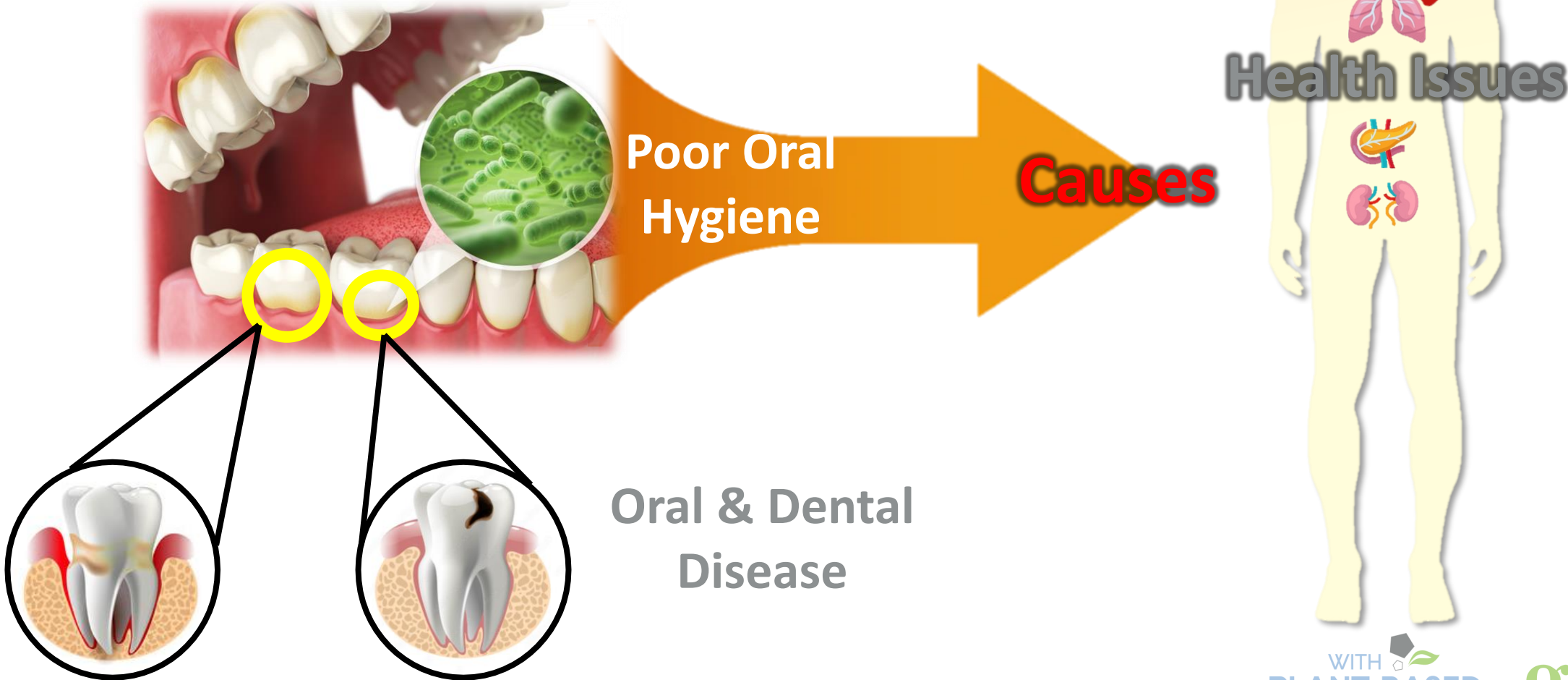


Importance of Dental and Oral Health

WITH 
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM

How Oral Health Affects Overall Health



Poor Oral Hygiene

Causes

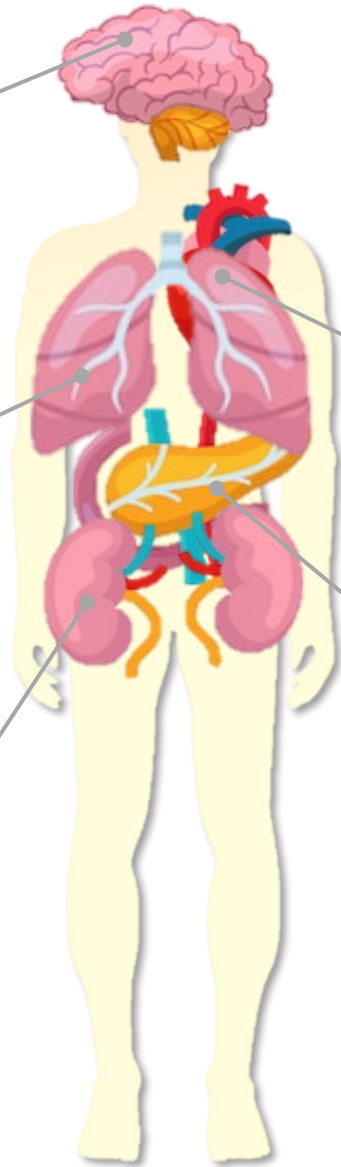
Oral & Dental Disease

Health Issues

WITH PLANT-BASED GOODNESS™

glister™ ORAL CARE SYSTEM

Health Issues



Gum disease increases the risk of a **stroke**.

Once the dental plaque is established in the mouth, it can spread to the lungs and cause **pneumonia** and **bronchitis**.

Poor oral health causes infections to progress faster, increasing the **kidney workload**.

High-level inflammation associated with gum disease contributes to **heart conditions**.

Uncontrolled diabetes can lead to gingivitis and other oral conditions.

Source: 1. Effects of periodontal disease on glycemic control, complications, and incidence of diabetes mellitus. (2020, May)
2. Periodontal and chronic kidney disease association: A systematic review and meta-analysis. (2018, January).
3. <https://www.perio.org/for-patients/gum-disease-information/gum-disease-and-other-diseases/>





Toothache



Mouth Sore



Tooth Sensitivity

Symptoms of Dental  &  Oral Problems



Receding Gums



Bad Breath



Bleeding Gums

WITH  **PLANT-BASED GOODNESS™**

glister™ ORAL CARE SYSTEM

Dental and Oral Health

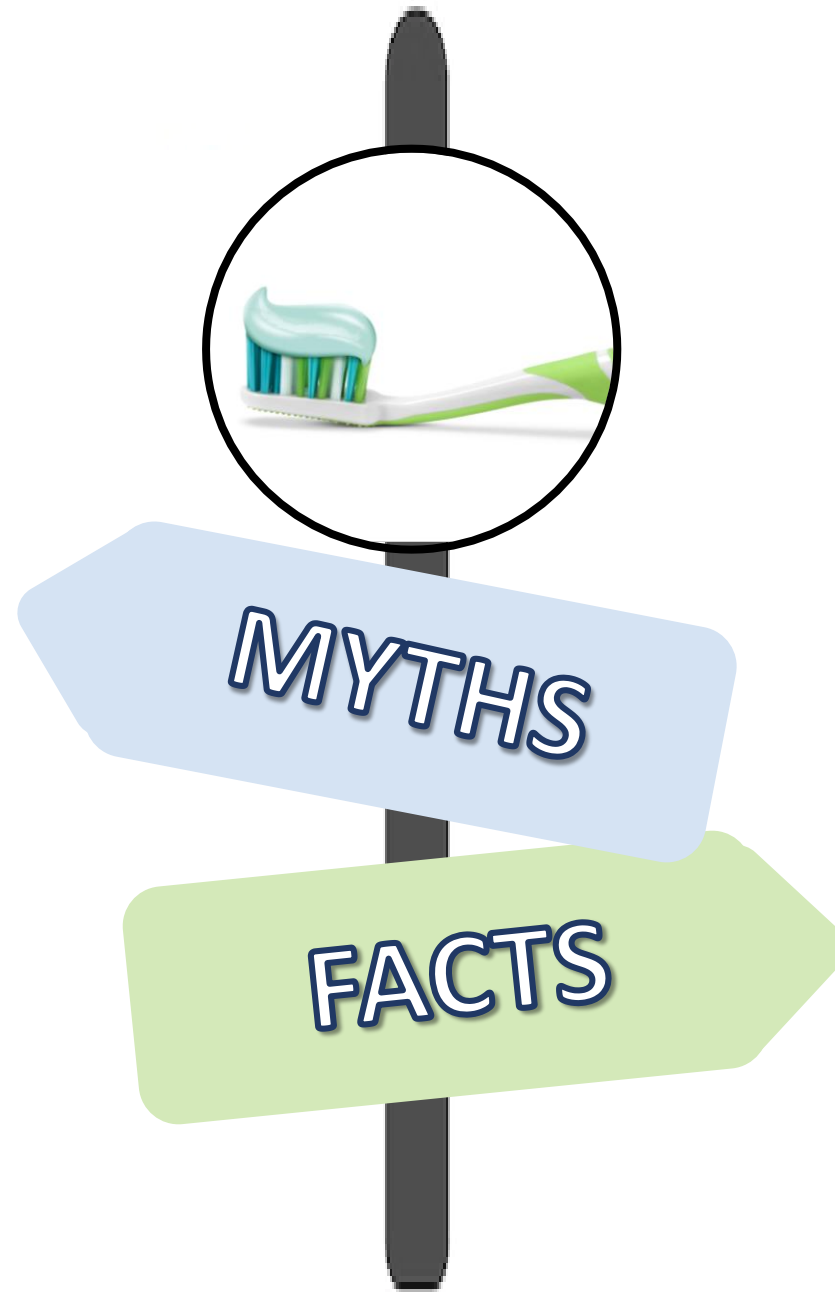
MYTHS

FACTS

WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM

**Hard bristles
toothbrush can
clean teeth
thoroughly**



Correct brushing technique
and selection of an
appropriate toothbrush are
sufficient to clean the
teeth.

WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM

**Brushing
harder =
cleaner teeth**



MYTHS

FACTS

Brushing teeth vigorously will cause teeth to erode and become sensitive and can injure gums.

WITH  **PLANT-BASED
GOODNESS™**

glister™ ORAL CARE SYSTEM

Bleeding gums when brushing is normal



MYTHS

FACTS

Bleeding gums are abnormal. It is a sign of inflammation caused by bacteria in the gum cavity.

WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM

**Flossing is not
really necessary**



MYTHS

FACTS

Flossing is part of maintaining good oral health. Flossing removes up to 80% of plaque.

WITH 
**PLANT-BASED
GOODNESS™**

glister™
ORAL CARE SYSTEM

Brand Pillars

- ❖ Total Oral Health Starts with Science
- ❖ A Legacy of Confidence



Oral Care Goals



Fights Plaque



Prevent Cavities



Enamel Protection



Freshens Breath



Whitens Teeth



Remove Stains

WITH 
**PLANT-BASED
GOODNESS™**

glister™
ORAL CARE SYSTEM

Daily Routine



1 



2 



3 



WITH  PLANT-BASED GOODNESS™

glister™ ORAL CARE SYSTEM

1

Multi-Action Toothpaste

Cleans and whitens your teeth, removes stains & freshens your breath every time you brush.

- Mild yet effective, removes plaque
- *Free from parabens* and a flavor blend enhanced *Nutrilite™ certified peppermint*
- Supports the unique balance of the oral microbiome
- Protects and strengthens the enamel & prevents cavities

* Fresh packaging – comes with a flip-top cap



WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM



1 Multi-Action Toothbrush

Removes plaque, cleans your teeth & tongue and massages your gums.

- Effective with all the great features
- Updated design with *tongue/cheek cleaner*
- Engineered for an optimal experience
- *2 bristle choices*: soft or medium

* Advise replacing your toothbrush every *3 months*/more often for more effective cleaning

WITH 
PLANT-BASED
GOODNESS™

 glister™
ORAL CARE SYSTEM

How To Brush Your Teeth

1



Outer Surfaces

Brush side to side in a circular motion.

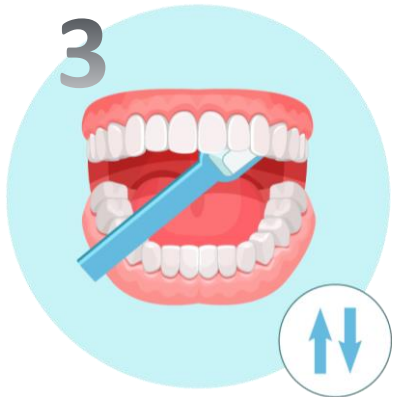
2



Inner Surfaces (Back Teeth)

Brush horizontally, using back and forth strokes

3



Inner Surfaces (Front Teeth)

Brush vertically, and move it up and down

4



Chewing Surfaces

Move the brush back and forth.

5



Tongue

Brush to remove bacteria.

WITH  **PLANT-BASED
GOODNESS™**

glister™ ORAL CARE SYSTEM



2 Multi-Action Dental Floss

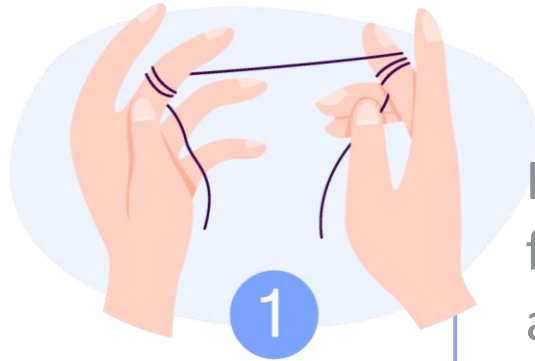
Remove plaque from tooth surfaces that brushing may not reach, while gently stimulating your gums.

- A **first** for Glister™ Oral Care
- Convenient 2-pack: Provides up to 166 uses per 50m container
- **Flat ribbon shape**
- Coated with a naturally derived wax

WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM

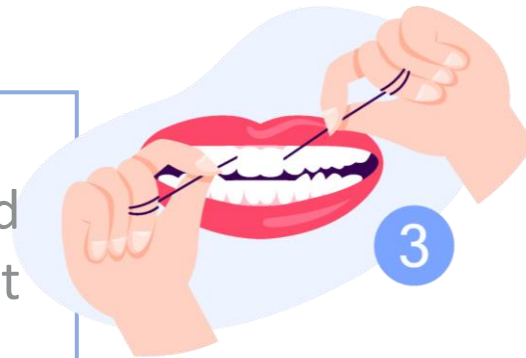
How To Use Dental Floss



Dispense 12-18 inches of floss. Wind most of the floss around each middle finger, leaving 1-2 inches of floss to work with.



Hold the floss taut with your thumbs and index fingers. Place the dental floss in between two teeth.



Gently glide the floss up and down, rubbing it against both sides of each tooth.



Use clean sections of floss as you move from tooth to tooth.

WITH  **PLANT-BASED
GOODNESS™**

glister™ ORAL CARE SYSTEM



Multi-Action Oral Rinse

Reduces plaque, freshens breath & helps clean between teeth.

- *Alcohol-free* and *dye-free*
- Flavor blend enhanced *Nutrilite™ certified peppermint*
- New integrated mixing-cup cap and an improved pump
- Supports the oral microbiome



* Provides up to 100 rinses per bottle

WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM

How to Use Glister™ Multi-Action Oral Rinse



- Dispense **4 pumps** of the concentrate into the cap, then fill to the **middle line (20ml)** with water.
- Thoroughly and vigorously rinse all areas of the mouth for about **30seconds**, then spit into the sink.
- Use **twice a day** after brushing and flossing. Can also be used more often to freshen breath in between brushing.



WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM

Summary

| | |
|-----------------------------------|--|
| Free of parabens |  |
| Alcohol-free | |
| Peroxide-free | |
| Sugar-free | |
| Free of animal-derived ingredient | |
| BPA-free |  |
| PVC-free | |
| Free of phthalates | |

WITH 
PLANT-BASED
GOODNESS™


glister™
ORAL CARE SYSTEM

Mint Refresher Spray

Get instant and lasting breath refreshments with every spray of this go-anywhere, confidence-boosting breath essential.

- Fast and effective
- Flavor blend enhanced *Nutrilite™ certified peppermint*, creates lasting freshness
- Non-aerosol, *No dyes/artificial colours, No sugar*
- *No parabens & No animal-derived ingredients*



* Provides up to 223 sprays per container

WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM

Ideal Oral Hygiene Routine For a Healthy Smile

1



Brush



2



Floss



3



Rinse



Refresh as
desired



Spray



WITH
PLANT-BASED
GOODNESS™

glister™
ORAL CARE SYSTEM



Thank You

WITH  PLANT-BASED
GOODNESS™